

# Advancing S-ICD through clinical evidence & contemporary implant management

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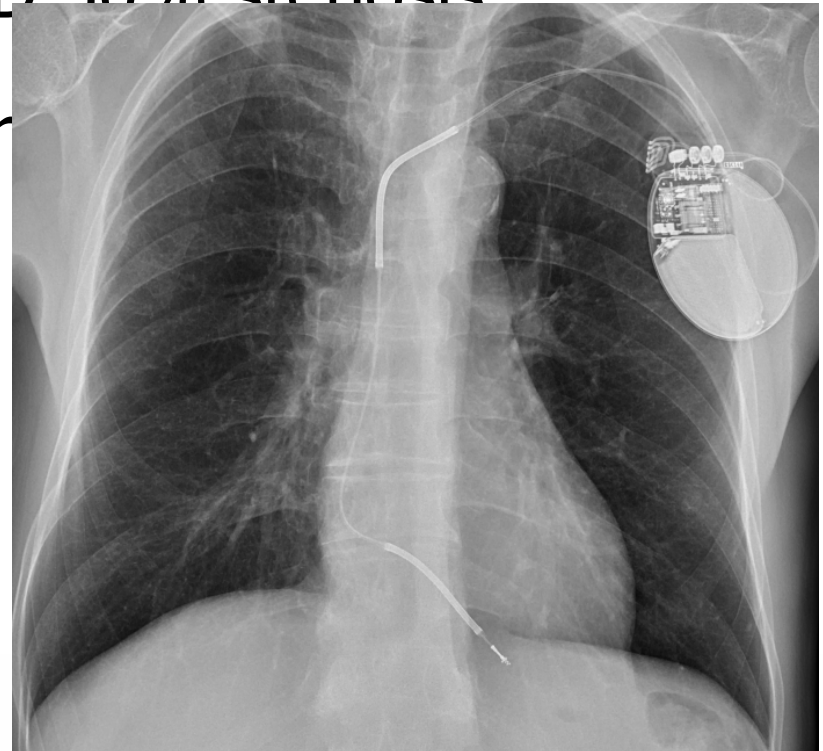
# Korean Heart Rhythm Society COI Disclosure

*Myung Hwan Bae*

The authors have no financial conflicts of interest  
to disclose concerning the presentation



- M/65
- Sudden cardiac arrest d/t ventricular fibrillation
- HTN/DM/dyslipidemia (+/+/+), CVA
- CAG: RCA CTO, proximal LAD 50% stenosis
- 2D-UCG: LVEF 34%, RCA terminal abnormality
- TV-ICD insertion



# Case



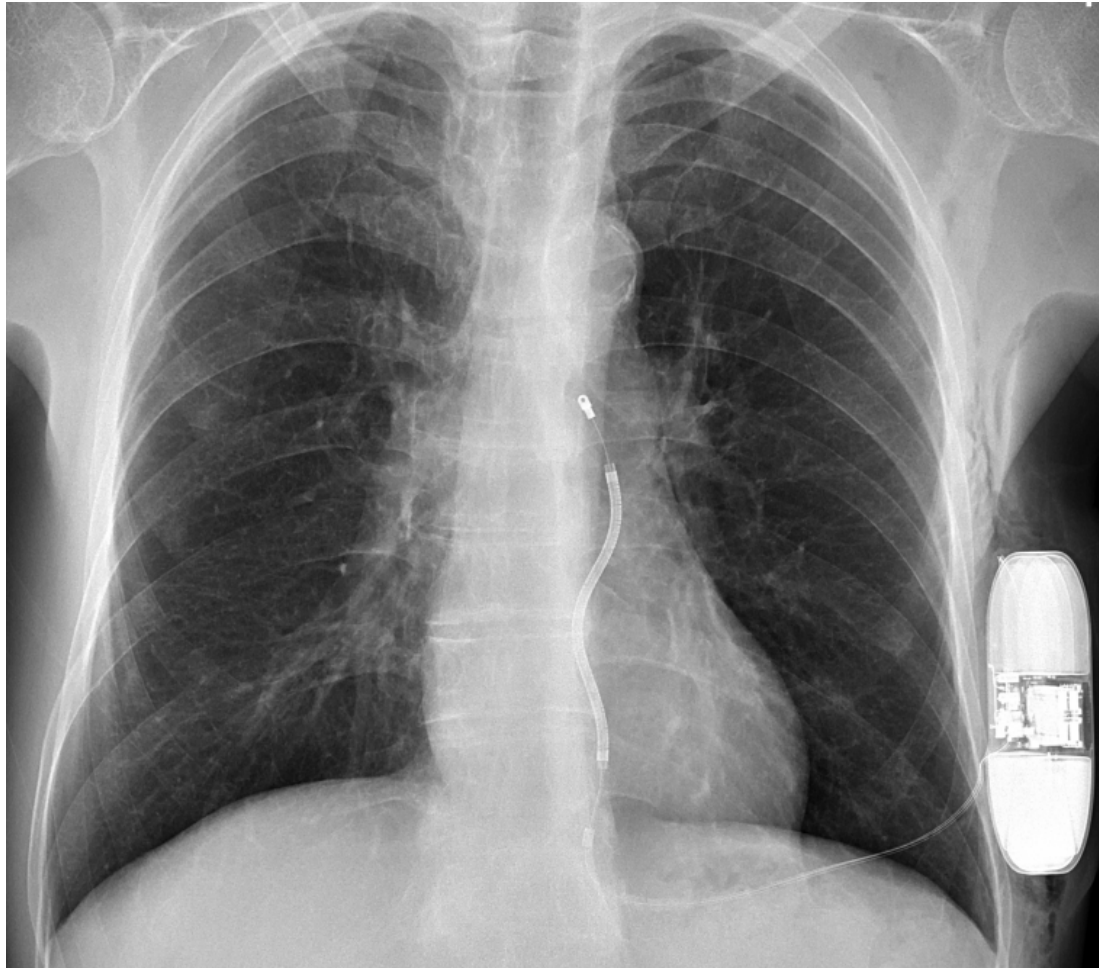
- 3 month later



HbA1c 14.0% → 11.8%



- ICD removal



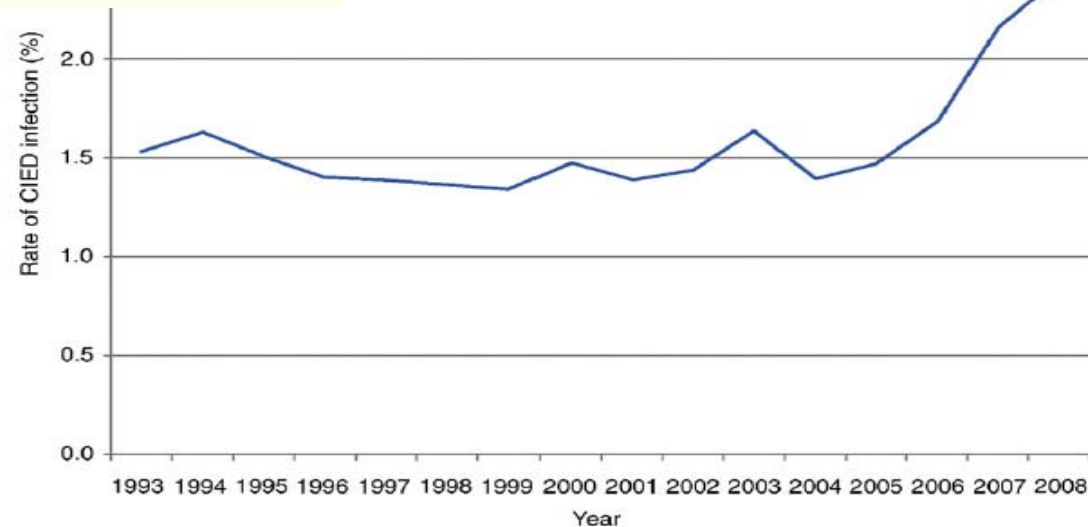
- S-ICD implantation



## 16-Year Trends in the Infection Burden for Pacemakers and Implantable Cardioverter-Defibrillators in the United States

1993 to 2008

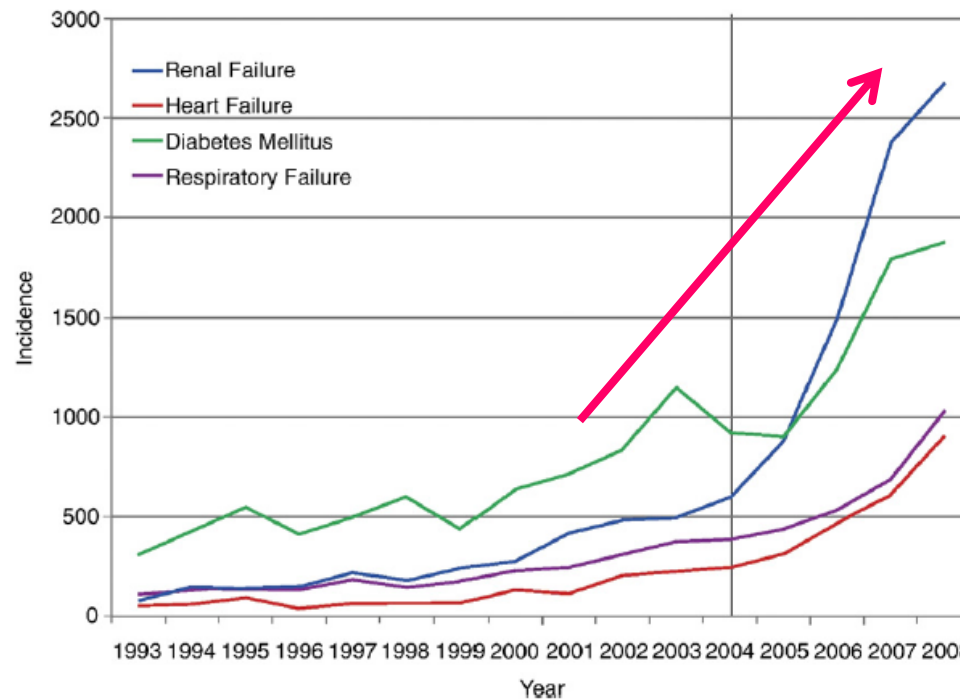
Arnold J. Greenspon, MD,\* Jasmine D. Patel, PhD,†† Edmund Lau, MS,†† Jorge A. Ochoa, PhD,‡ Daniel R. Frisch, MD,\* Reginald T. Ho, MD,\* Behzad B. Pavri, MD,\* Steven M. Kurtz, PhD††  
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**Figure 3** Rate of CIED Infection

The annual rate of cardiac implantable electrophysiological device (CIED) infection remained fairly constant until 2004 when there was a marked increase. The infection rate increased from 1.53% in 2004 to 2.41% in 2008 ( $p < 0.001$ ).

- Despite technology advances, TV- ICD infections are increasing



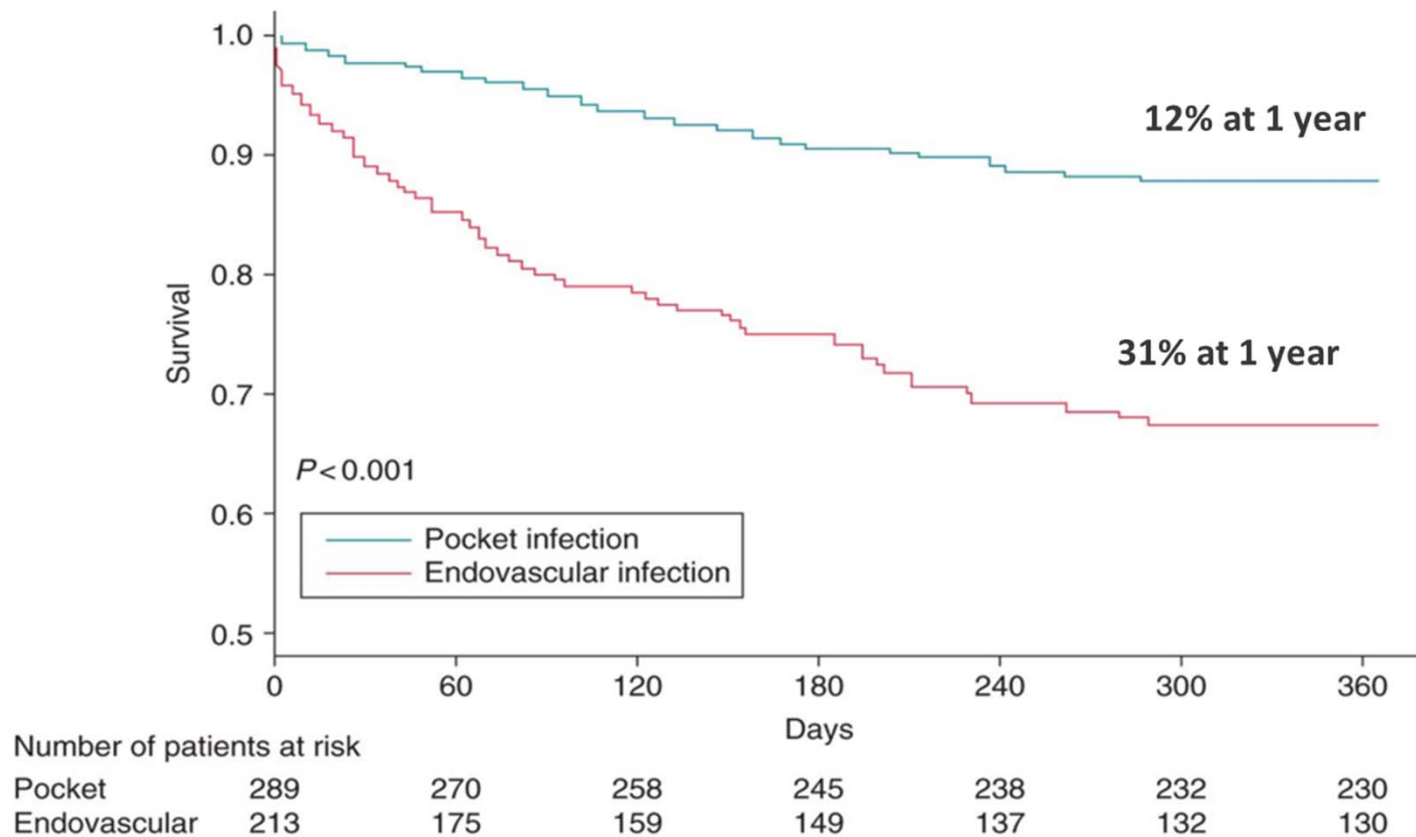
**Figure 5** Incidence of Comorbidities in Patients With CIED Infection

The incidence of 4 major comorbidities (renal failure, respiratory failure, heart failure, and diabetes) remained fairly constant until 2004 when a marked increase was observed. This paralleled both the observed increase in implantable cardioverter-defibrillator implantation and the increased infection rate. CIED = cardiac implantable electrophysiological device.

- One theory is that patients with more comorbidities associated with infection are being implanted with ICD

# TV-ICD infection

- The mortality rate: 12-31% mortality rate at 1 year





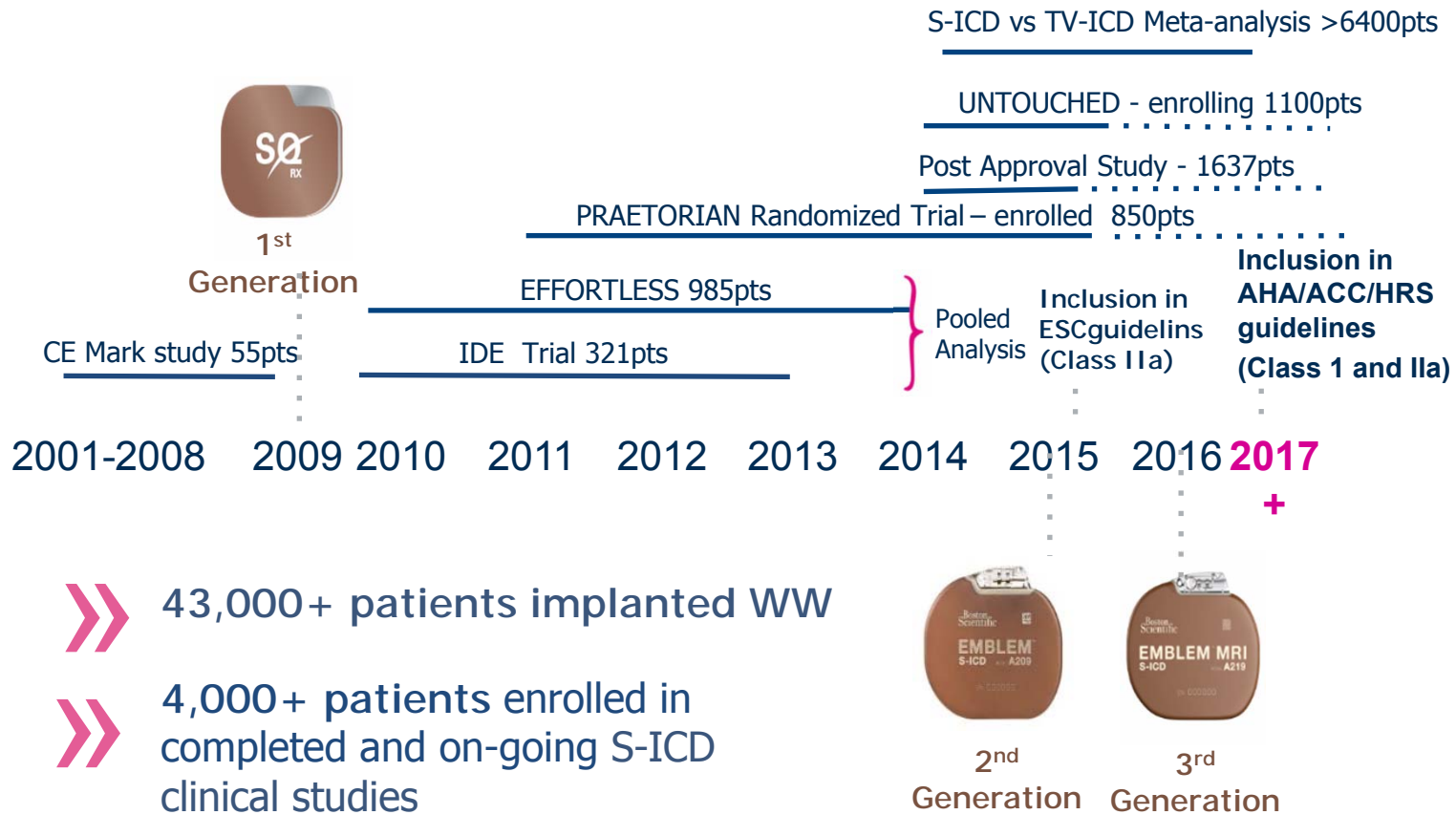
# Current guidelines

Recommendations for Subcutaneous Implantable Cardioverter-Defibrillator		
References that support the recommendations are summarized in Online Data Supplement 55.		
COR	LOE	Recommendations
I	B-NR	1. In patients who meet criteria for an ICD who have <u>inadequate vascular access or are at high risk for infection</u> , and in whom <u>pacing for bradycardia or VT termination or as part of CRT is neither needed nor anticipated</u> , a <u>subcutaneous implantable cardioverter-defibrillator</u> is recommended (1-5).
IIa	B-NR	2. In patients who meet indication for an ICD, implantation of a subcutaneous implantable cardioverter-defibrillator is reasonable if pacing for bradycardia or VT termination or as part of CRT is neither needed nor anticipated (1-4).
III: Harm	B-NR	3. In patients with an indication for bradycardia pacing or CRT, or for whom antitachycardia pacing for VT termination is required, a subcutaneous implantable cardioverter-defibrillator should not be implanted (1-4, 6-8).

- The risk of infection appears to be lower with S-ICD than with TV-ICD. Therefore, a **S-ICD** may be preferred in patients who are at high risk of infection, such as those with a **prior device infection, ESRD, diabetes mellitus**, or who are chronically **immunosuppressed**.

# The S-ICD Journey

Over 15 years of clinical data and experience with S-ICD technology



# S-ICD and TV-ICD efficacy

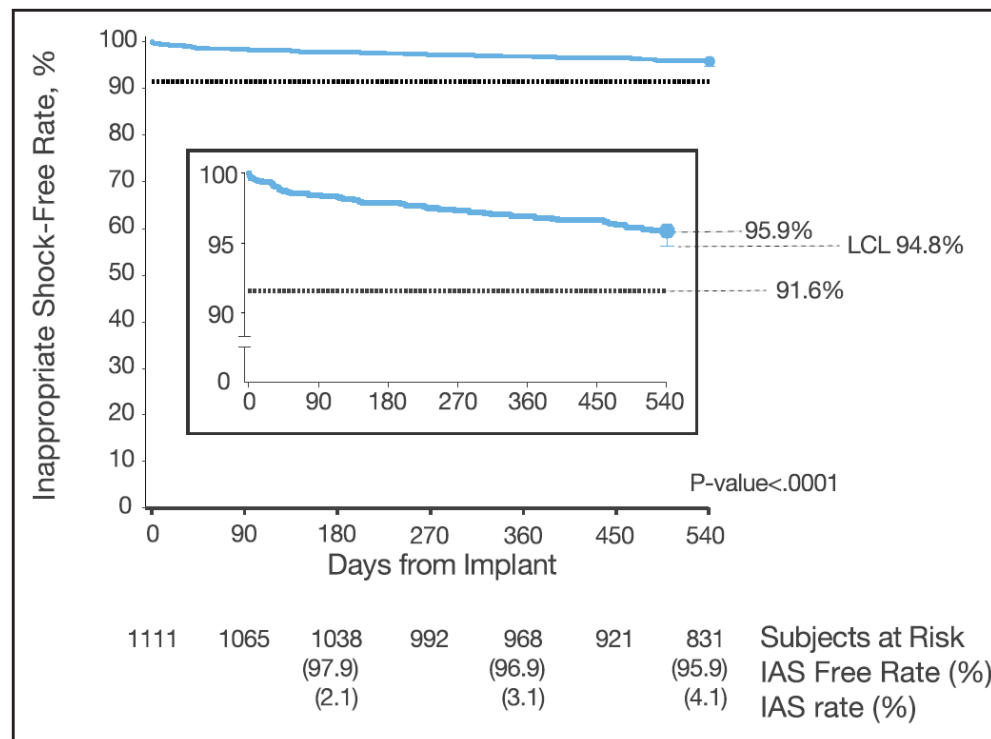
	Patients number	Shock efficacy
IDE and EFFORTLESS (S-ICD)	882	98.2%
SIMPLE (DFT group) (TV-ICD)	1,242	95.7%
SIMPLE (no DFT group) (TV-ICD)	1,236	94.8%
ALTITUDE first shock study (TV-ICD)	2,000	99.8%
LESS (TV-ICD)	636	97.3%

Burke, M.C. et al. J Am Coll Cardiol . 2015;65:1605–15.  
Healey, J, et al. The Lancet. 2015;385:785-91  
Cha YM et al. Heart Rhythm 2013;10:702–708.  
Gold MR et al. Circulation 2002;105:2043-2048.


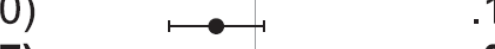






# UNTOUCHED trial

## Primary Results From the Understanding Outcomes With the S-ICD in Primary Prevention Patients With Low Ejection Fraction Trial

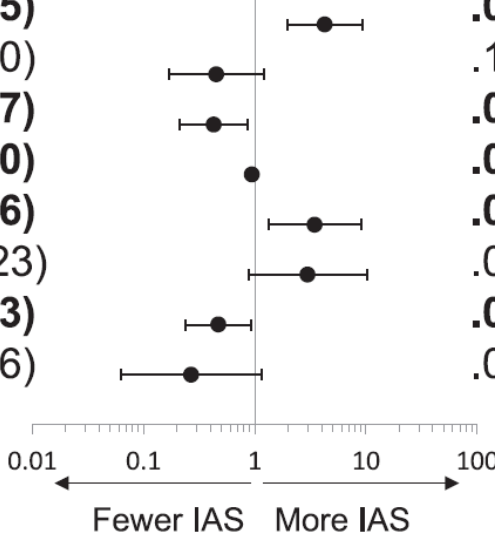
- Primary prevention, LVEF  $\leq 35\%$ , 1,111 patients, generation 2 or 3 S-ICD
- Primary end point: inappropriate shock-free rate



## Predictors of inappropriate shocks

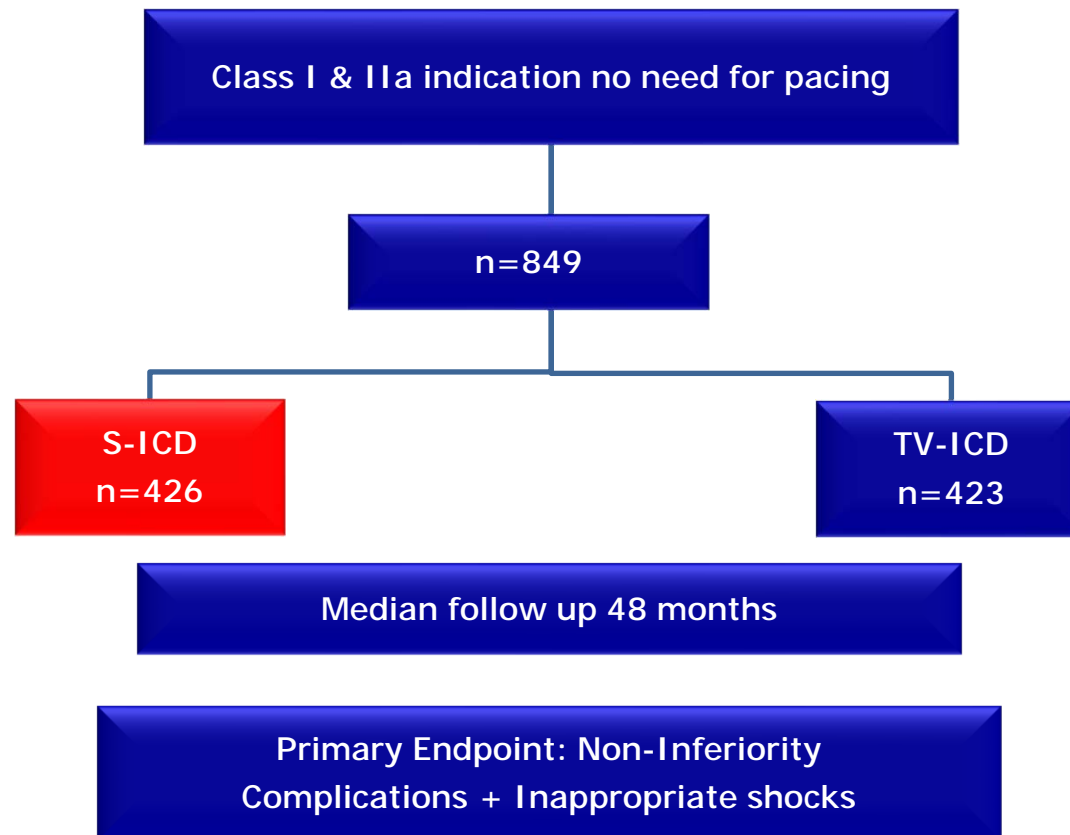
Multivariable			
Variable	Hazard Ratio		P-value
<b>History of AF</b>	<b>4.24 (1.95-9.25)</b>		<b>.0003</b>
Black Race	0.45 (0.17-1.20)		.11
<b>Ischemic etiology</b>	<b>0.43 (0.21-0.87)</b>		<b>.019</b>
<b>LVEF, %*</b>	<b>0.94 (0.89-1.00)</b>		<b>.042</b>
<b>Two-incision technique</b>	<b>3.47 (1.33-9.06)</b>		<b>.011</b>
DFT performed within first 30 days	3.00 (0.88-10.23)		.080
<b>Gen 3 device</b>	<b>0.47 (0.24-0.93)</b>		<b>.031</b>
Prescribed programming throughout study	0.27 (0.06-1.16)		.078

n=1040



## Subcutaneous or Transvenous Defibrillator Therapy

- Prospective, randomized

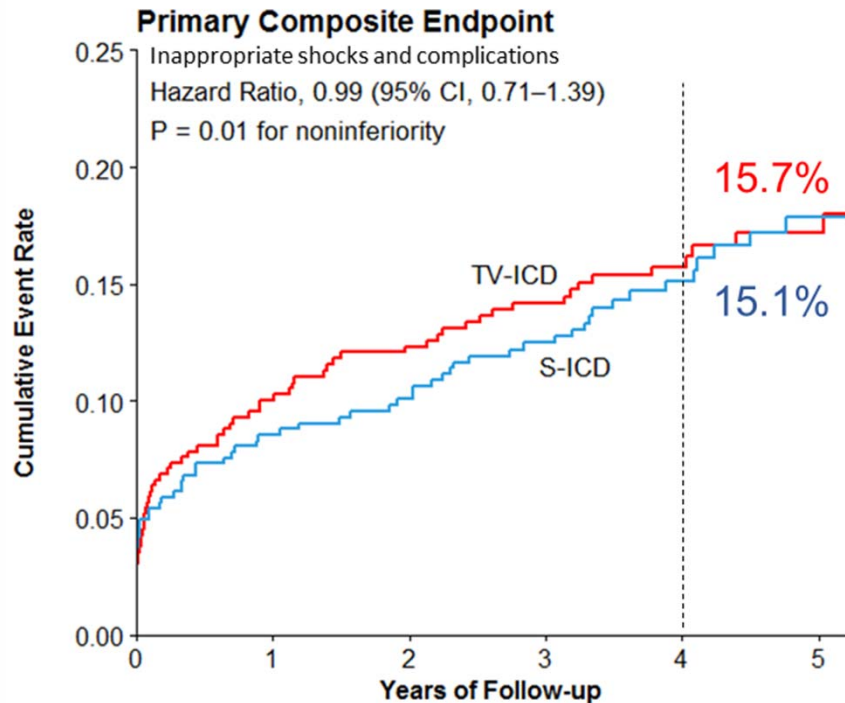


- Mean age: 63 yrs
- Ischemic CMP: 69%
- 2<sup>nd</sup> prevention: 19%
- LVEF 30%

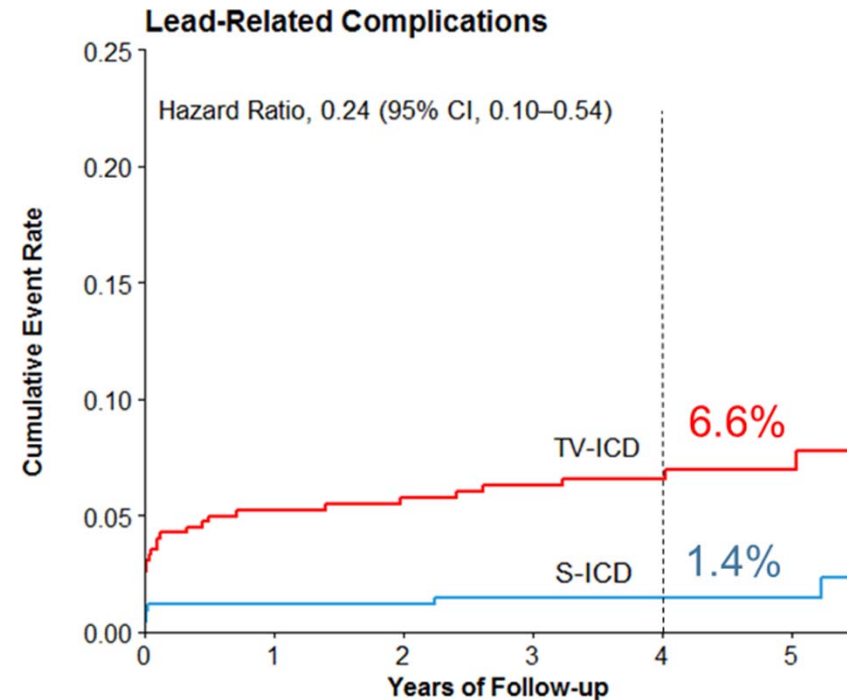


# PRAETORIAN Trial

## Primary Outcome: Non-inferiority demonstrated



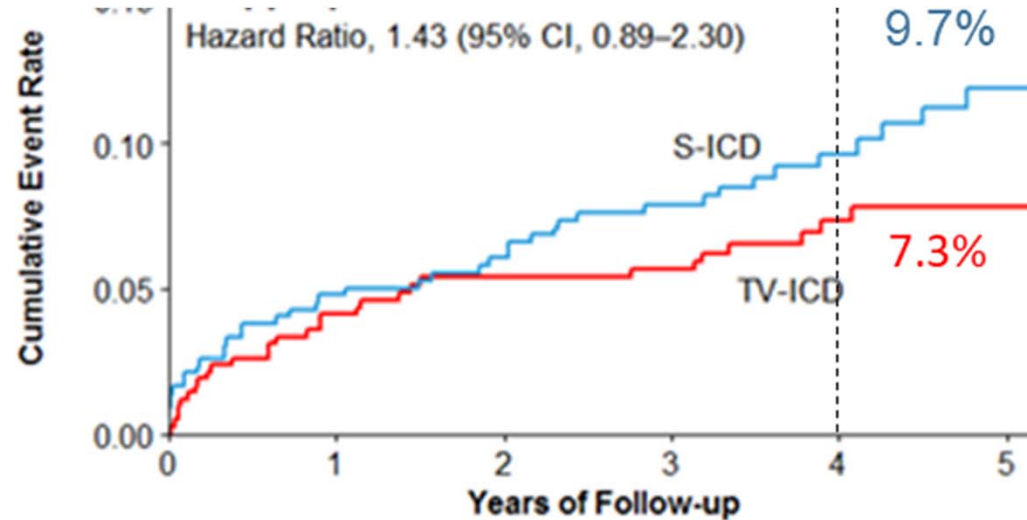
	No. at Risk					
	0	1	2	3	4	5
TV-ICD	423	359	338	313	192	105
S-ICD	426	366	342	317	182	108



	No. at Risk					
	0	1	2	3	4	5
TV-ICD	423	378	363	343	221	121
S-ICD	426	396	375	353	212	128

# PRAETORIAN Trial

## Inappropriate shock



At 4 years (median)	S-ICD (n = 426)	TV-ICD (n = 423)
Primary composite endpoint	68 (15.1%)	68 (15.7%)
Inappropriate shock	41 (9.7%)	29 (7.3%)
– AF/SVT	15	27
– Cardiac oversensing	20	2
– Noncardiac oversensing	8	0

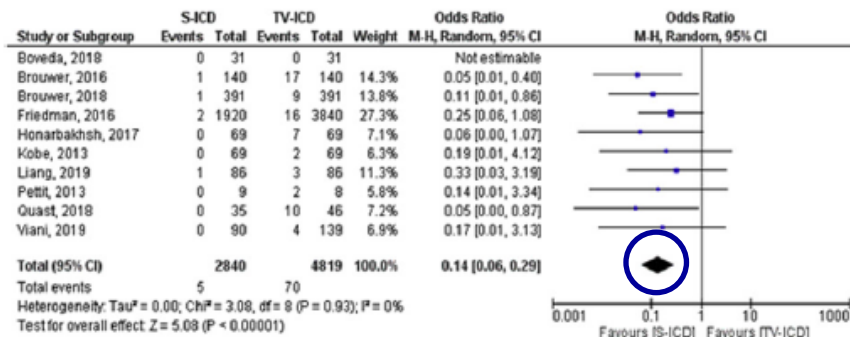
## Subcutaneous versus transvenous implantable defibrillator: An updated meta-analysis |

Roberto Rordorf, MD,<sup>\*1</sup> Matteo Casula, MD,<sup>\*†1</sup> Laura Pezza, MD,<sup>\*†</sup>  
Federico Fortuni, MD,<sup>†</sup> Antonio Sanzo, MD,<sup>\*</sup> Simone Savastano, MD,<sup>\*</sup>  
Alessandro Vicentini, MD<sup>\*</sup>

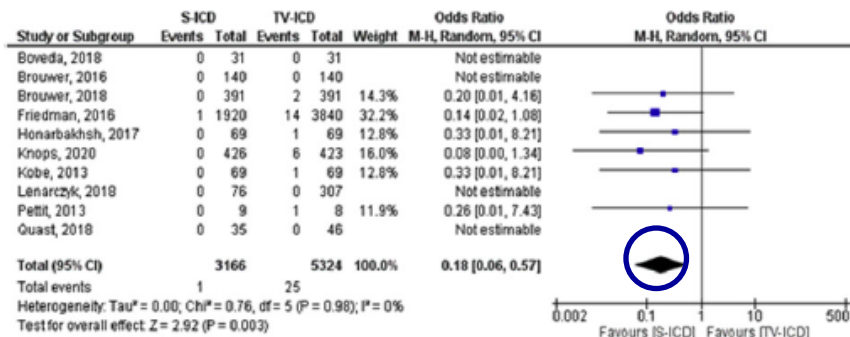
- 13 studies, 9,073 patients
- Primary outcomes
  - clinically relevant complications  
(lead, pocket, major procedural complications, device-related infections)
  - Inappropriate shocks

# Meta-analysis

## A Lead-related complications

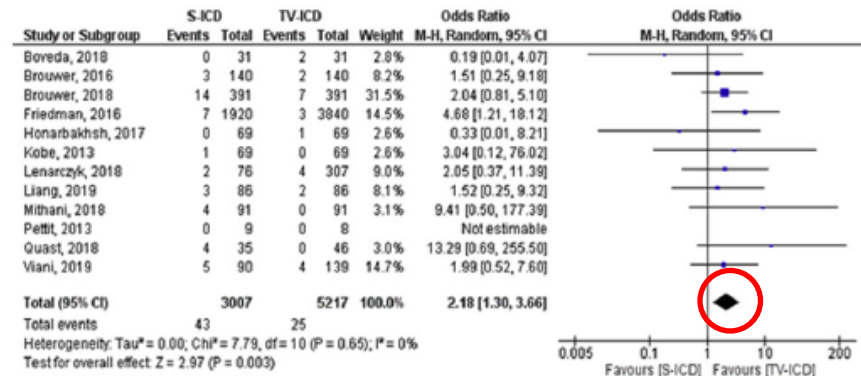


## B Major procedural complications

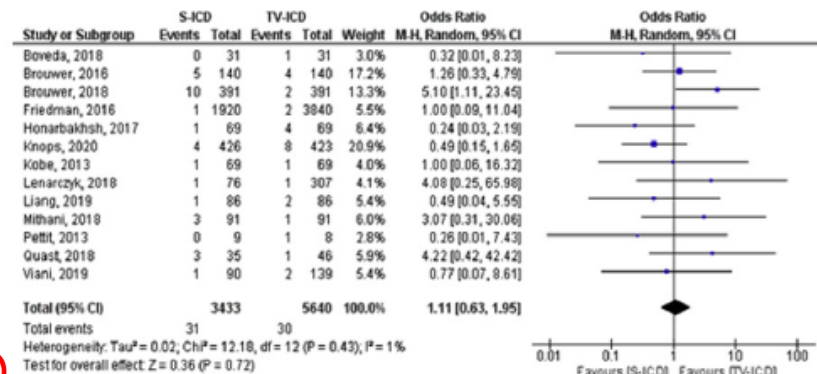


Favors (S-ICD) (TV-ICD)

## C Pocket complications

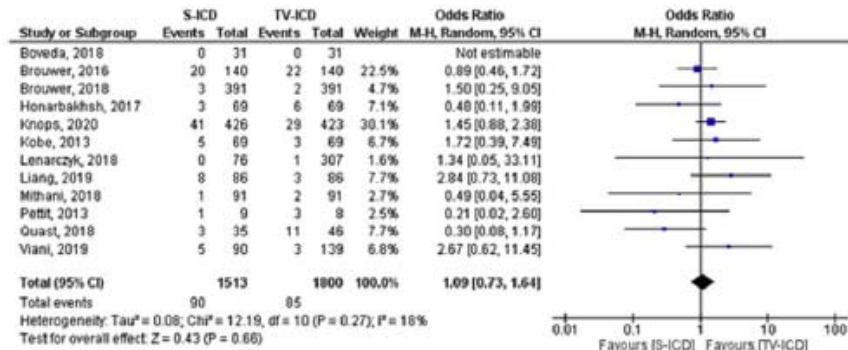


## D Device-related infection

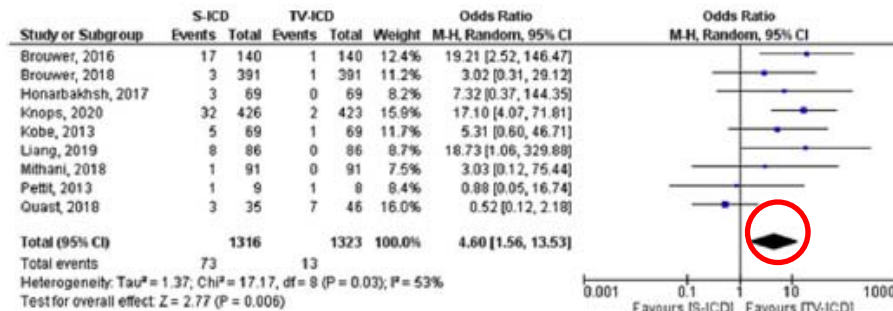


# Meta-analysis

## A Inappropriate shock

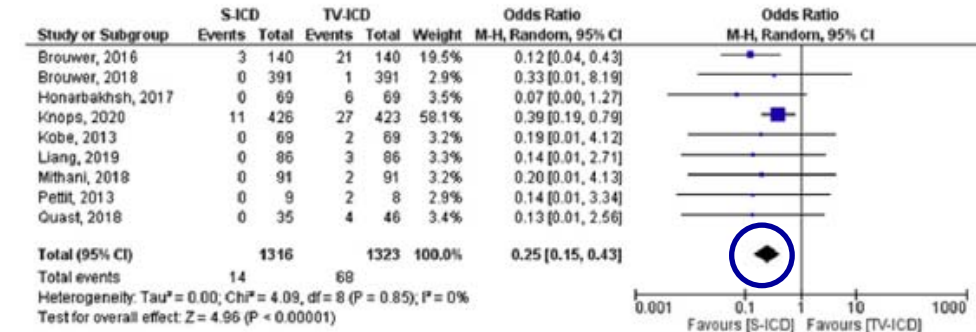


## B Inappropriate shock due to oversensing

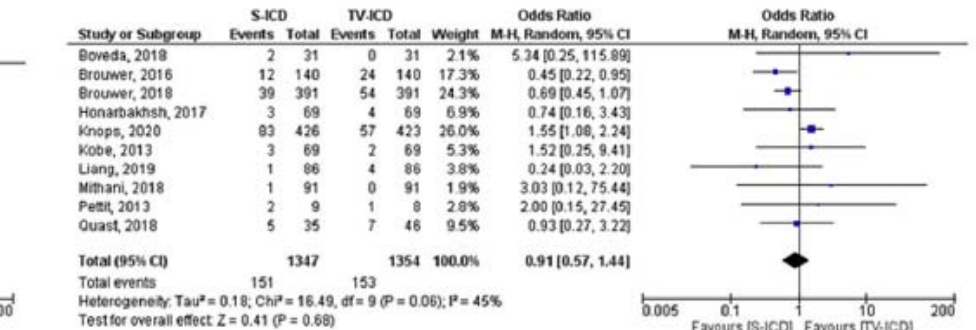


Favors (S-ICD) (TV-ICD)

## C Inappropriate shock due to SVT



## D Appropriate shock

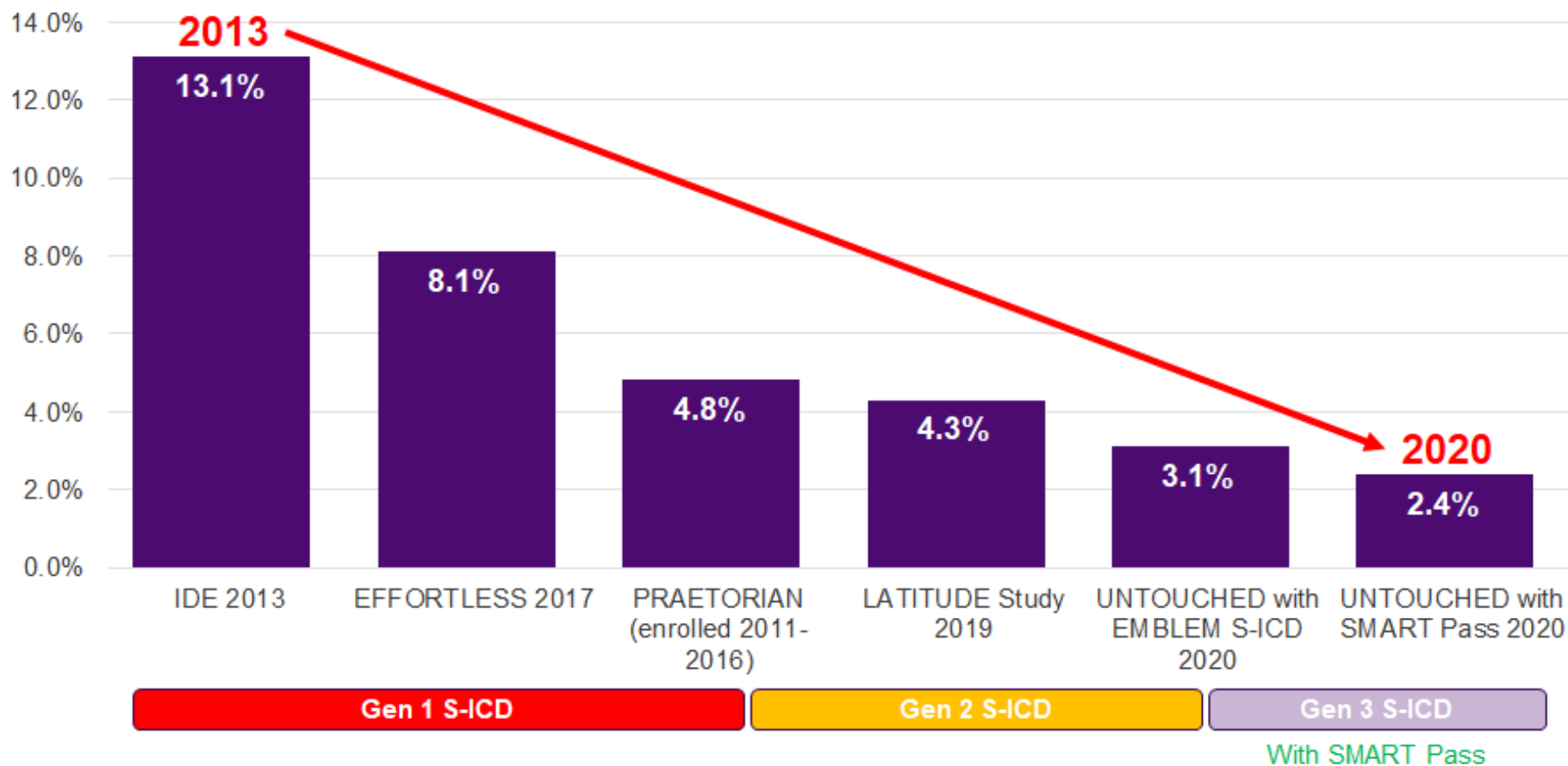




# Inappropriate shock for S-ICD

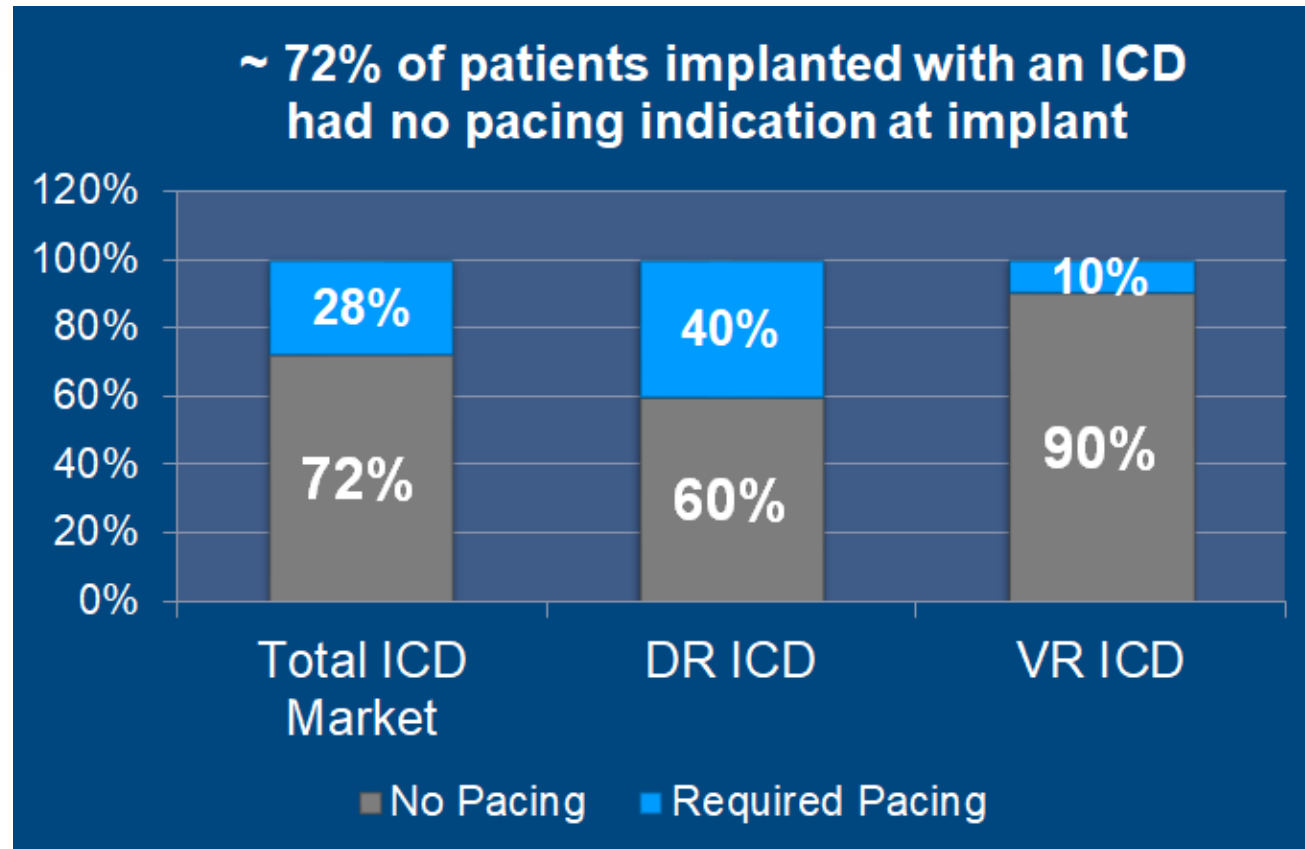
## Rate of IAS for S-ICD continues to decline

1-year Rate for IAS 2013-2020





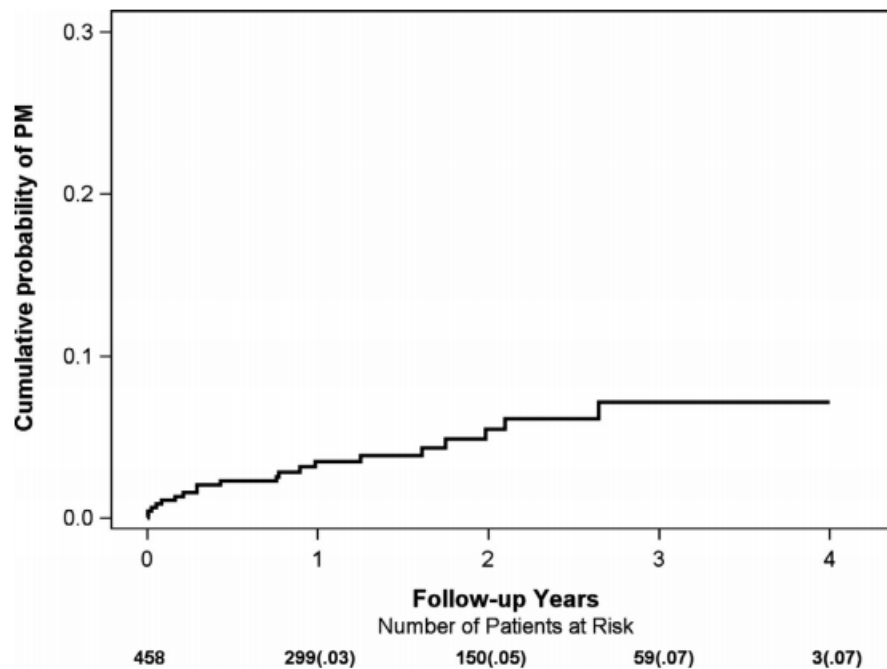
# The need for brady pacing in ICD



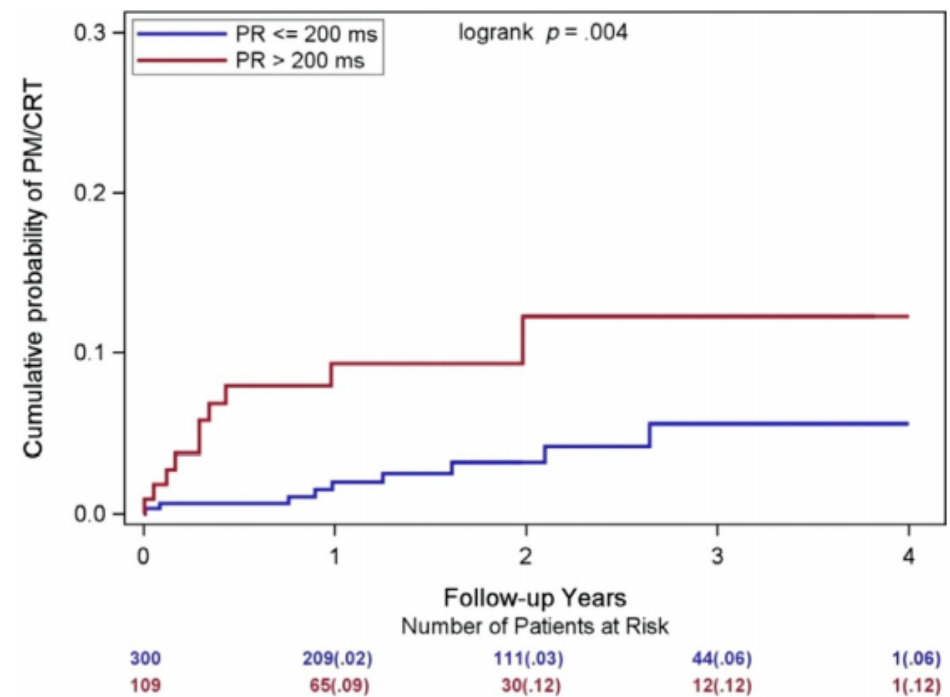
- While 60% of patients received a DR ICD, only 40% had a pacing indication at implant.
- ~90% of patients under 75 implanted with a VR ICD were programmed to VVI 40 or less

# The need for brady pacing in ICD

## MADIT-II trial

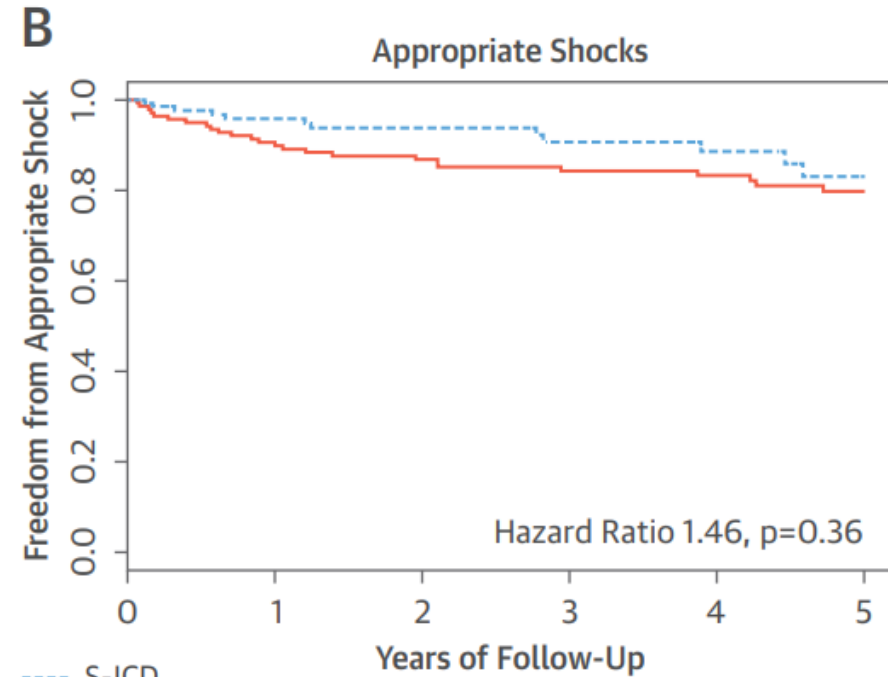
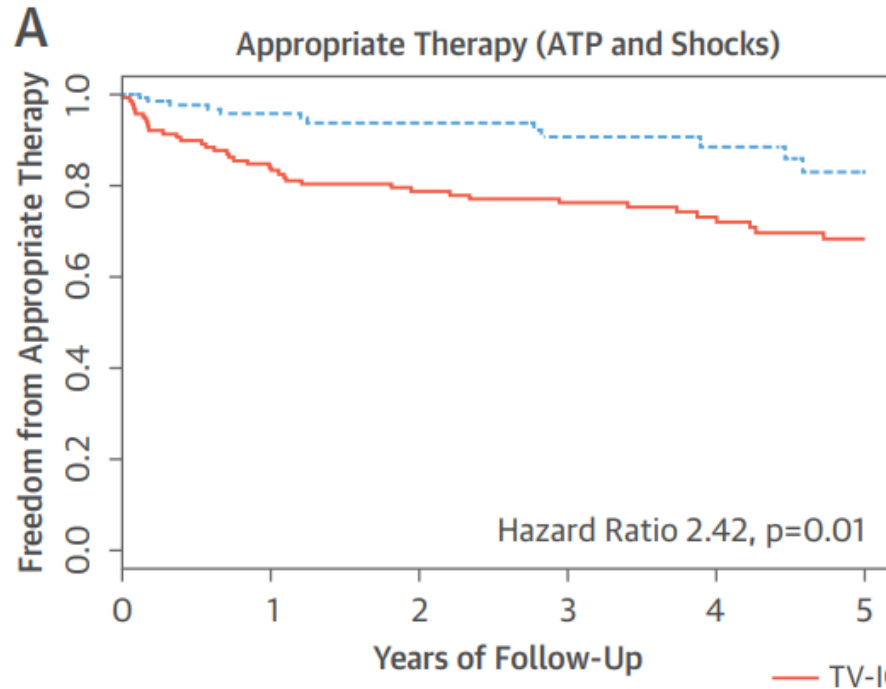


- Mean FU: 20 months
- 19/458 PM (4.1%)



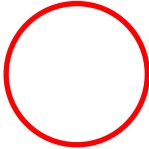
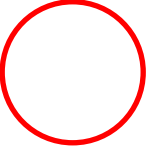
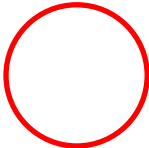
# The need for ATP



- Retrospective study, 1,160 patients



- ATP has been demonstrated to successfully terminate ~70 % of VT episodes, but, it did not result in fewer appropriate shocks
- SCD-HeFT ICD patients: monomorphic VT, 1.8% per year risk

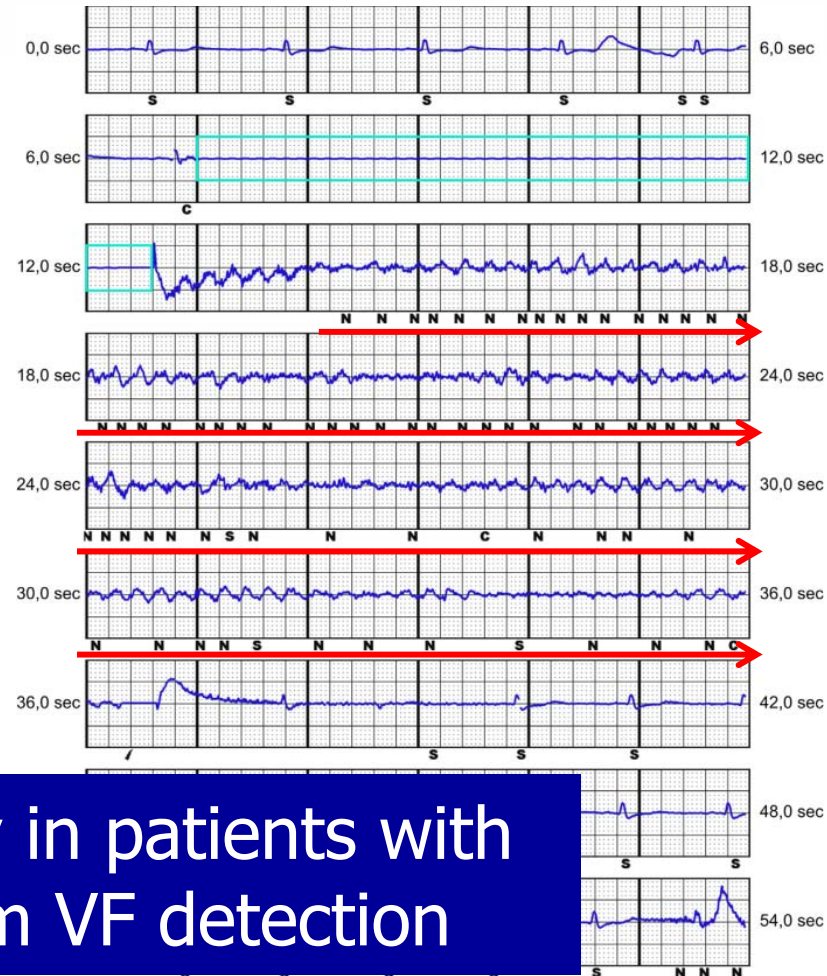
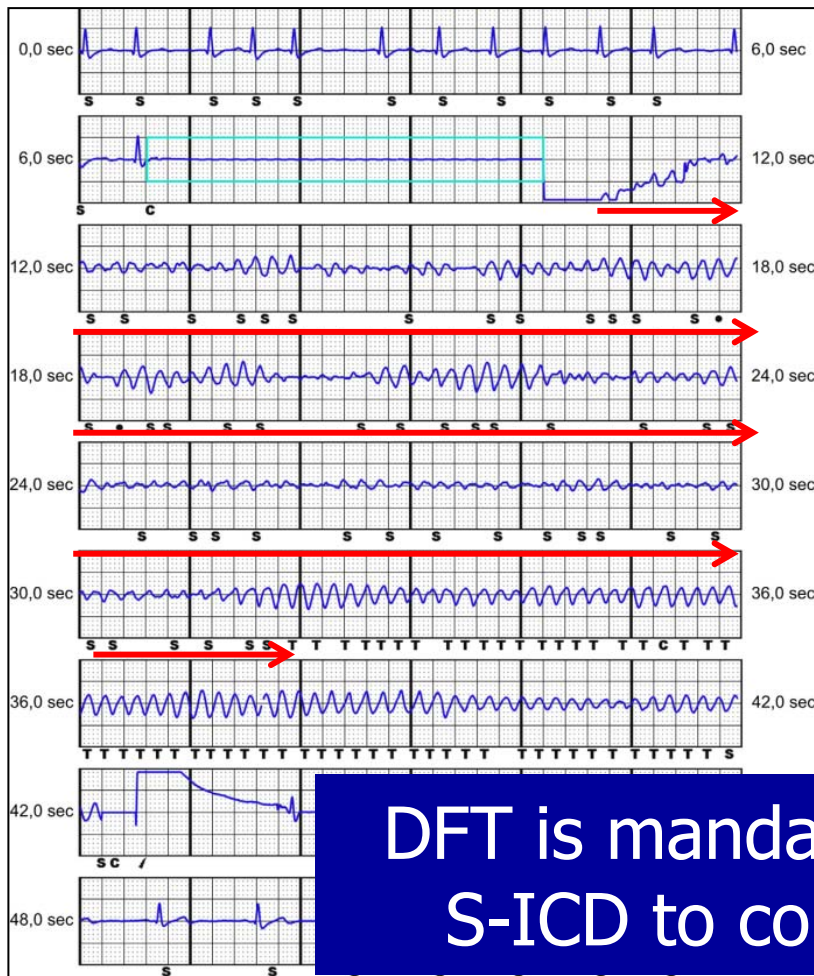
# S-ICD in Korea: increasing but still low

- Concern about efficacy and safety 
- Need for ATP 
- Need for bradycardia 
- Defibrillation Threshold (DFT) Test ?

**Defibrillation testing is mandatory in patients with subcutaneous implantable cardioverter–defibrillator to confirm appropriate ventricular fibrillation detection**  

- Single center, 137 S-ICD patients
- VT induction: 133 (97%)
- Detection profiles
  - 1) optimal detection: n=39 (29%)
  - 2) undersensing with moderate prolongation of time to therapy (<18secs)  
: n=68 (51%)
  - 3) undersensing with significant prolongation of time to therapy (>18secs)  
: n=19 (14%)
  - 4) absence of therapy or prolonged time to therapy related to noise  
oversensing: n=7 (6%)

# DFT test in S-ICD



**DFT is mandatory in patients with S-ICD to confirm VF detection**

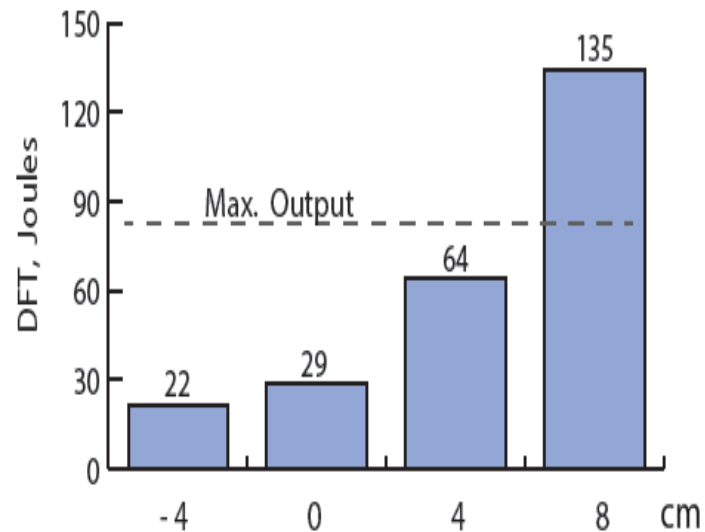
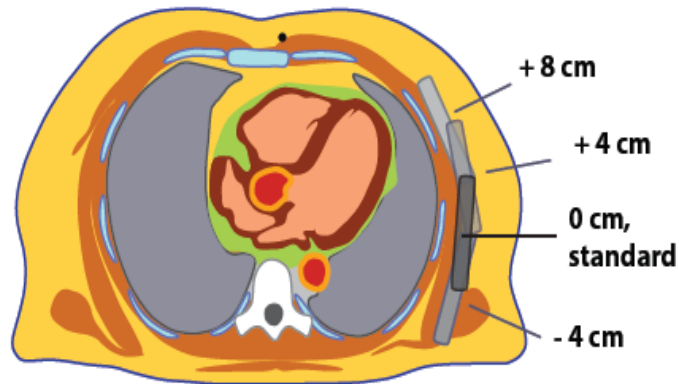
- Delayed VF detection  
→ need to a different vector

- Noise oversensing during VF
- No therapy

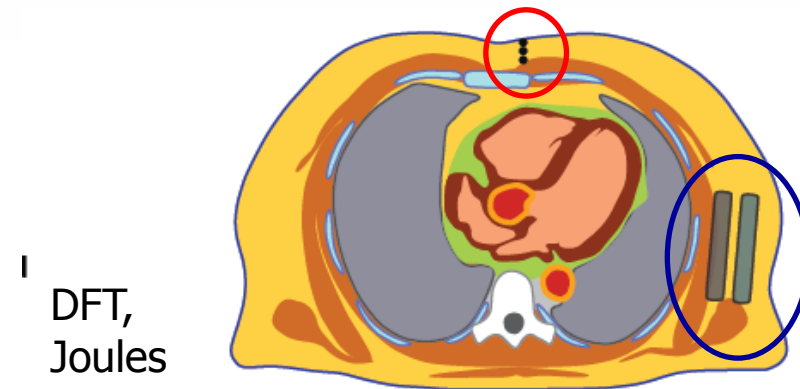


# Determinants of S-ICD defibrillation efficacy

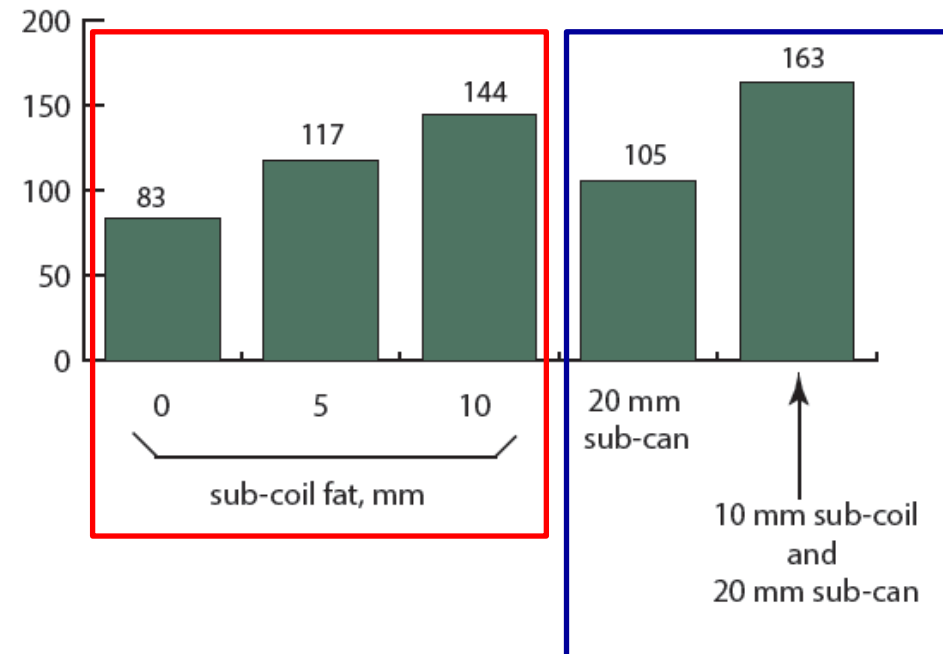
DFT versus Device AP-position



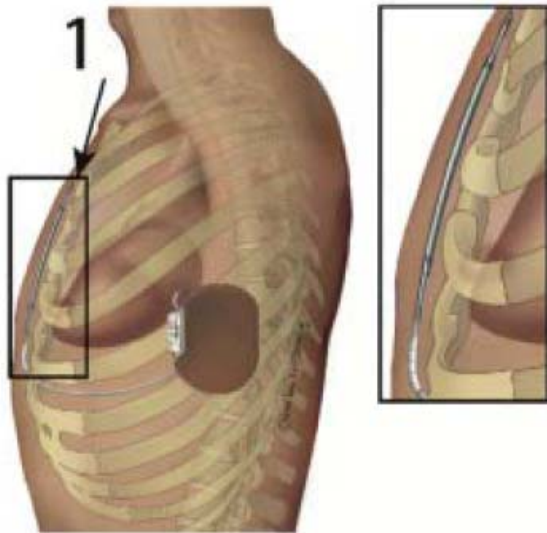
Anterior-Posterior Deviation from Standard Location



DFT, Joules

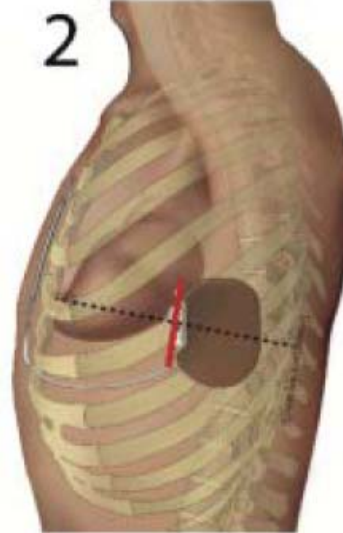


# PRAETORIAN score



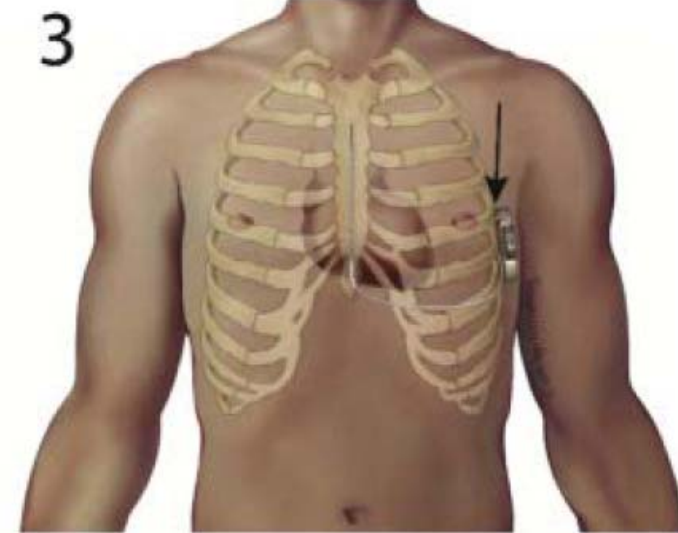
**Step 1)**  
Determine the number of coil widths of fat tissue between the **nearest** half of the S-ICD coil and the sternum or ribs.

≤ 1	coil-width	<b>30</b>
> 1 ≤ 2	coil-widths	<b>60</b>
> 2 ≤ 3	coil-widths	<b>90</b>
> 3	coil-widths	<b>150</b>



**Step 2)**  
Determine the position of the S-ICD generator in relation to the mid-line (**red line**).

Generator is on or posterior of the mid-line	<b>x 1</b>
Entire generator is anterior of the mid-line	<b>x 2</b>
Entire generator is > 1/2 length anterior	<b>x 4</b>



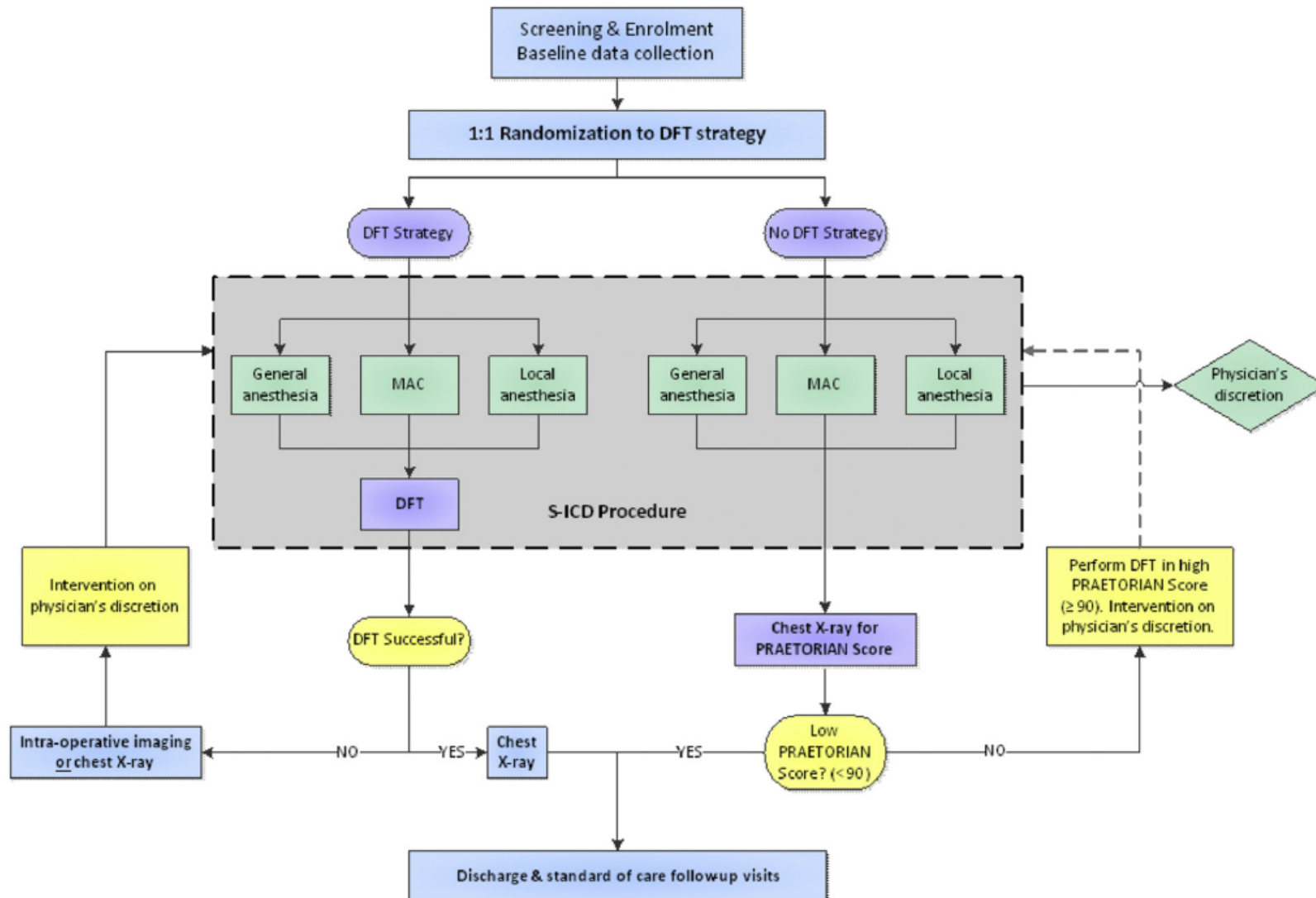
**Step 3)**  
Determine the amount of fat tissue between the **nearest** point of the generator and the thoracic wall.

< 1 generator-width	<b>x 1</b>
≥ 1 generator-width	<b>x 1.5</b>

**Step 4)**  
PRAETORIAN score ≥ 90:  
BMI ≤ 25 kg/m<sup>2</sup>      - 40  
BMI ≥ 25 kg/m<sup>2</sup>      = Final score

Final PRAETORIAN score	
< 90	Low risk of conversion failure
90 < 150	Intermediate risk of conversion failure
≥ 150	High risk of conversion failure

## PRAETORIAN-DFT trial (Prospective, randomized)





- S-ICD system and implant management have been evolving
- The efficacy and safety of S-ICD has been proven through several studies (randomized, real world, and meta-analysis).
- S-ICD: inadequate vascular access or are at high risk for infection (no need pacing, ATP, CRT).



**Thank you for your attention !!**



# TV-ICD infection

## Trends in Complications Related to **Infection** Indication for TV Lead Extraction

Complications, %	With Device Infection							Overall	PValue
	2006	2007	2008	2009	2010	2011	2012		
Mortality	4.5	3.1	3.8	3.6	4.1	3.2	3.5	3.6	0.1859
Any complications	7.3	6.5	9.1	8.6	11.2	10.5	9.9	9.2	<0.001
Any complications and mortality	10.1	8.9	11.6	10.9	14.0	12.3	12.2	11.5	<0.001

## Trends in Complications Related to **Non-infection** Indication for TV Lead Extraction

Complications, %	Without Device Infection							Overall	PValue
	2006	2007	2008	2009	2010	2011	2012		
Mortality	0.8	0.8	1.2	1.3	1.5	1.3	1.4	1.2	<0.001
Any complications	4.0	6.8	7.2	9.6	9.8	8.3	11.2	7.8	<0.001
Any complications and mortality	4.3	7.2	8.0	10.2	10.4	8.9	11.9	8.4	<0.001

- In hospital mortality was 3.6% for those with infection versus 1.2% without infection (p<0.001).

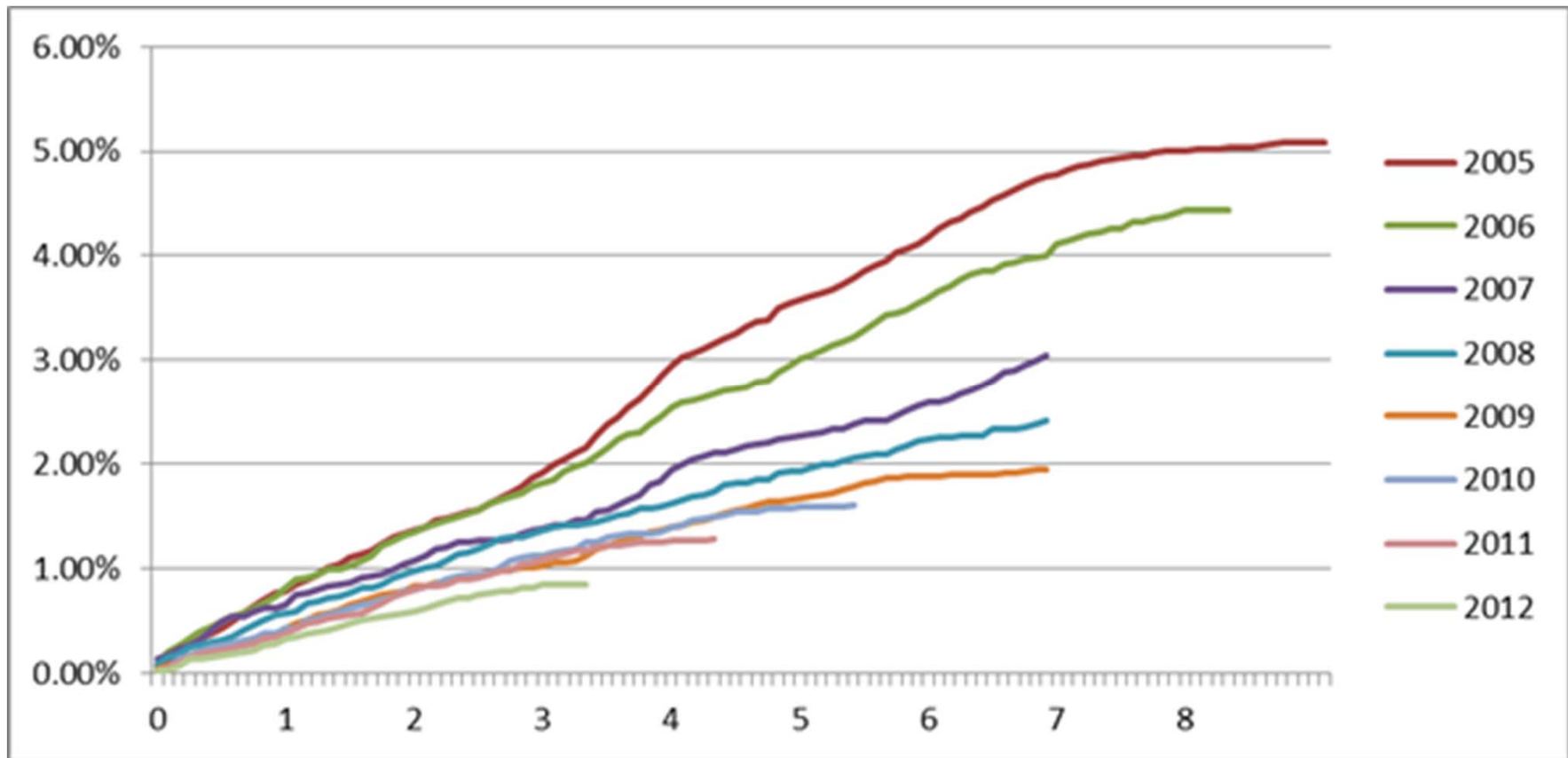


# PRAETORIAN Trial

## Demographics

	S-ICD (n = 426)		TV-ICD (n = 423)	
Median age (IQR) – yr	63	(54 – 69)	64	(56 – 70)
Female sex – no. (%)	89	(20.9)	78	(18.4)
Diagnosis – no. (%)				
– Ischemic cardiomyopathy	289	(67.8)	298	(70.4)
– Nonischemic cardiomyopathy	99	(23.2)	98	(23.1)
– Other	38	(9.0)	27	(6.5)
Secondary prevention – no. (%)	80	(18.8)	84	(19.9)
Median ejection fraction (IQR) – %	30	(25 – 35)	30	(25 – 30)
Median BMI (IQR) – kg/m <sup>2</sup>	27.0	(24.5 – 30.5)	27.9	(25.2 – 31.7)
NYHA class – no. (%)				
- Class I	144/423	(34.0)	136/421	(31.8)
- Class II	205/423	(48.5)	223/421	(53.0)
- Class III/IV	74/423	(17.5)	64/421	(15.2)

# The need for brady pacing in ICD



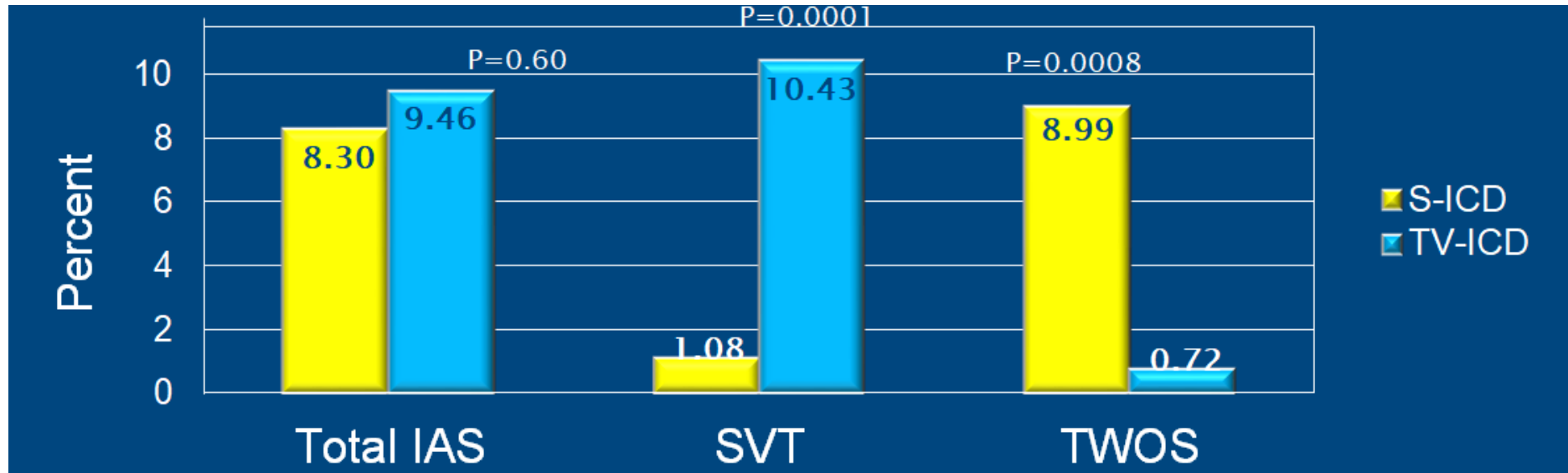
- Only 4-5% of patients implanted with a VR ICD were upgraded to a DR ICD at 8 years following implant

## S-ICD in Korea: increasing but still low

- Concern about efficacy and safety
- Need for ATP
- Need for bradycardia
- Defibrillation Threshold (DFT) Test
- Unfamiliar implant technique

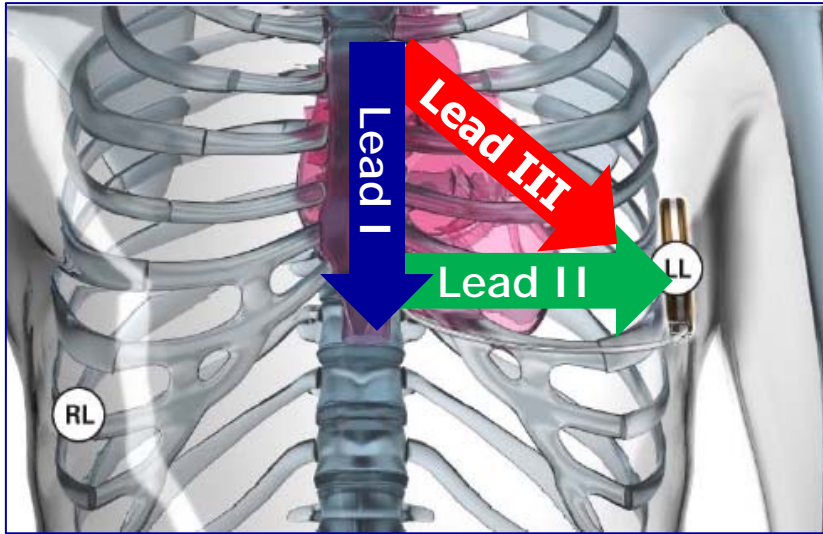
# Meta-analysis (SAFETY)

## Clinical outcomes: Inappropriate shocks



- Overall rate of inappropriate shocks: S-ICD = TV-ICD.
- **SVT: TV-ICD** > S-ICD.
- **T-wave oversensing (TWOS): S-ICD** > TV-ICD.

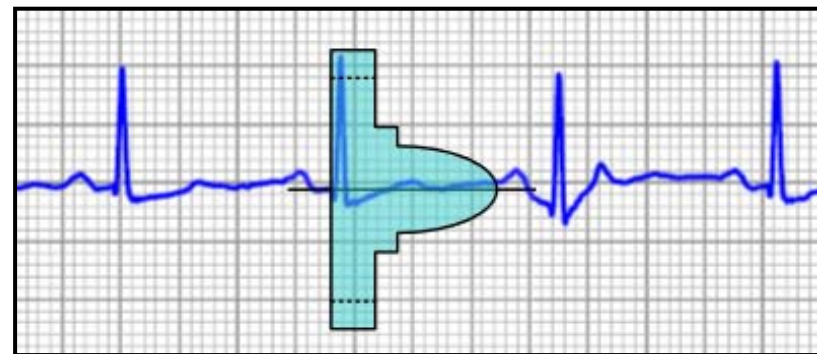
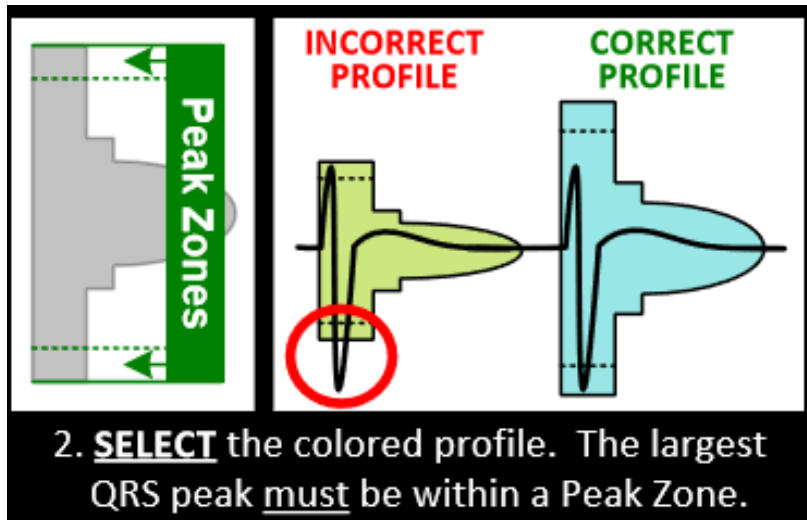
# Patient screening



- Extended bipolar (Far-field sensing)
- Outside of heart
  - small R wave
  - cardiac axis affected by position or physiologic changes

→ ECG screening necessary

- At least one common ECG lead must be deemed acceptable for all tested



Manual screening tool

# Automated screening tool

- Incorporation of vector select and digital filtering
  - better reflect S-ICD function
  - more tolerant of large T wave than manual screening tool
  - provide more consistent outcomes by removing operator subjectivity

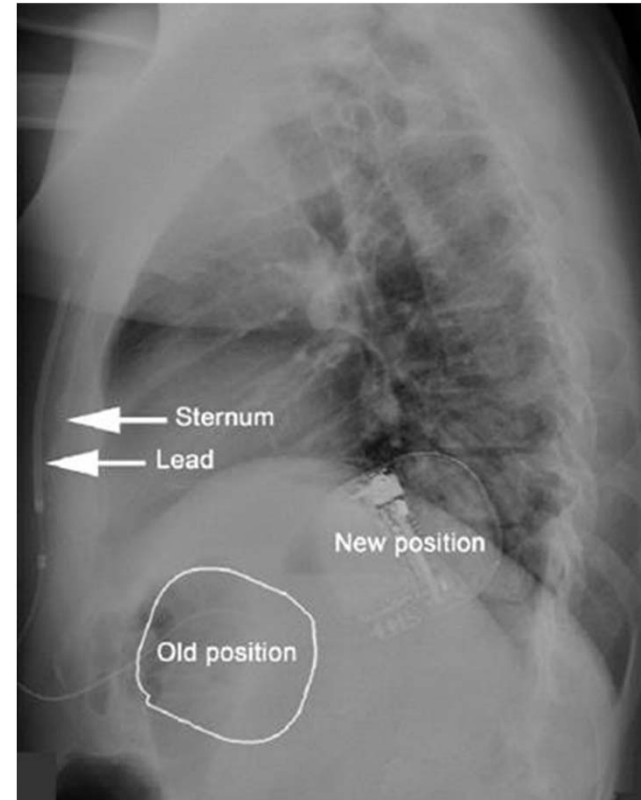
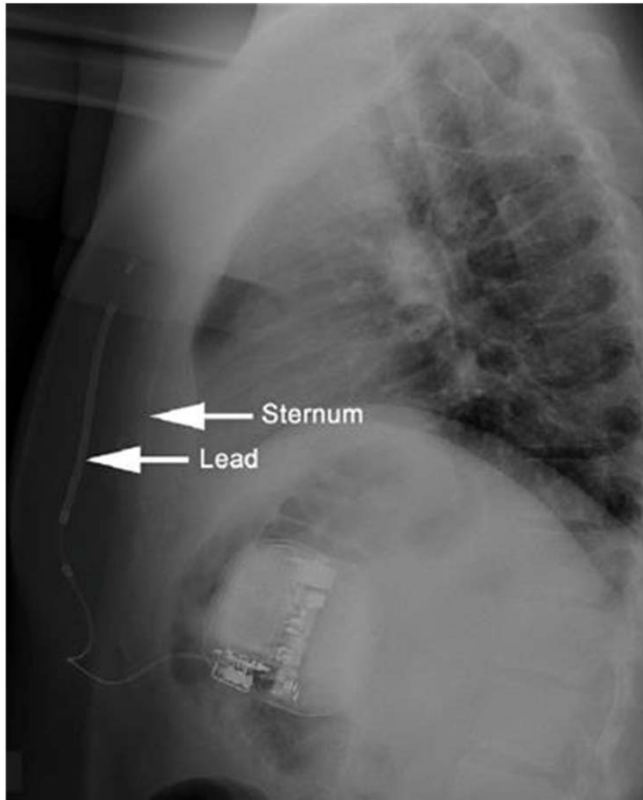


EMBLEM Automated Screening Tool is available through the Zoom Programmer (3120)

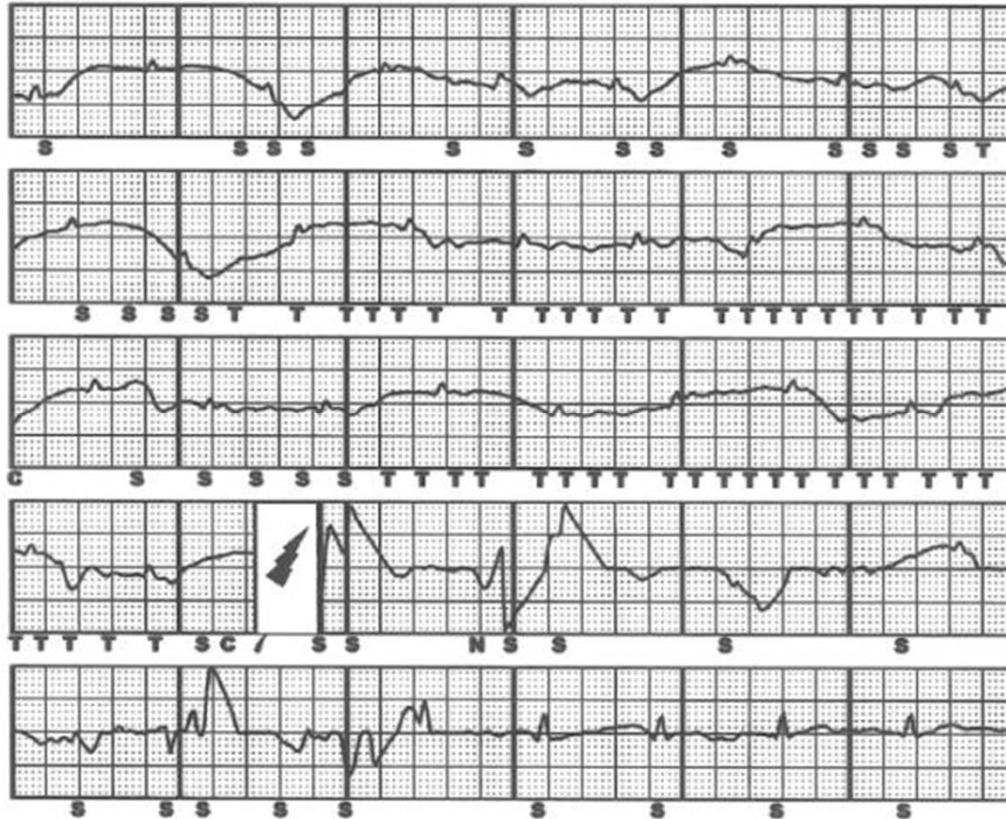


# Failed DFT

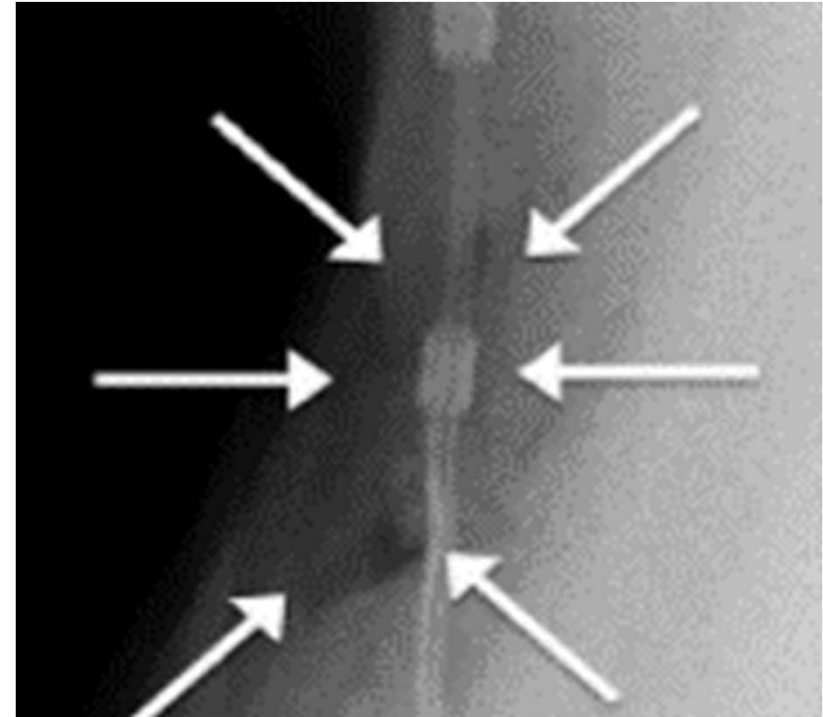
If DFT fails, check PG and electrode positioning



# Air entrapment



A wandering baseline → air entrapment



The x-ray shows trapped air at the proximal electrode